



The Soul Discovery Drawing Book: Noodle, Doodle, and Scribble Your Way to an Extraordinary Life (Paperback)

By Janet Conner

Conari Press,U.S., United States, 2016. Paperback. Book Condition: New. 254 x 216 mm. Language: English . Brand New Book. In Writing Down Your Soul, Janet Conner introduced tools to teach readers how to connect to the voice within where soul knowledge and spiritual breakthroughs occur: If you want to engage in a vibrant conversation with the wisdom that dwells just a hair below your conscious awareness, write. Write every day, at approximately the same time, with passion, honesty, and the intention of speaking with and listening to the voice within. As a natural extension and follow-up to Writing Down Your Soul, here is a companion coloring book that offers a powerful catalyst for accessing the knowledge already deep within you. Structured around 22 key questions to ignite the imagination, such as When I look out, what do I see? When I look in, what do I see? and If I could create the perfect gate to my extraordinary life, what would it look like? The Soul Discovery Coloring Book invites readers to: Noodle: use silence, reflection, staring off into space, allowing images to come Doodle: not drawing to replicate, but allowing Color: allowing the colors to choose you Scribble or soul write: scribbling because...



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Reviews

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