



## Herbs: 50+ Natural Antibiotics and Remedies That Heal Common Ailments You Didn't Know About: Herbs, Organic Medicines, Herbal Medicines, Herbs Book, Herbal Medicines Book (Paperback)

By Jane Leonard

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Herbs: 50+ Natural Antibiotics and Remedies that Heal Common Ailments You Didn't Know About Medicinal Herbs have been used for thousands of years and are known for their benefits to prevent and cure numerous ailments. These characteristic herbs are exceptionally important in boosting our immune system, fighting diseases and improving our health. Let's face it; we all want to achieve good health, but the question is what do YOU do to become healthy? Do you exercise? Do you eat lots of fruits and vegetables? Do you use herbs and natural remedies instead of relying on medications and prescriptions? Numerous individuals have begun to depend on natural solutions for ailments and thus, they have begun developing herbs in their diet. Plants had been utilized for medicinal purposes much sooner than written history. Chinese and Egyptian papyrus works portray medicinal utilization for plants as right on time as 3,000 BC.



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